



## MAHATMA GANDHI UNIVERSITY, KERALA

### Abstract

Bachelor of Physical Education and Sports (Honours) - Fourth Semester - Modifications to the Course Outcomes and Course Content - Approved - Orders Issued.

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### ACA 16

No. 399/ACA 16/2026/MGU

Priyadarshini Hills, Dated: 13.01.2026

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Read:-1. U.O.No.5797/AC A16/2024/MGU, dated.27.06.2024.

2. Minutes of the meeting of the Expert Committee on Physical Education (UG)
4. Orders of the Vice Chancellor under Section 10 (17), Chapter III of the Mahatma Gandhi University Act 1985, dated 09.01.2026.

### ORDER

The syllabi of various Honours Under Graduate Programmes coming under The MGU-UGP (Honours) Regulations, 2024, have been approved vide paper read as (1) above and published on the website of the University.

The Expert Committee on Physical Education (UG), deliberated on modifying the **Course Outcomes and Course Content of the DSC, DSE, SEC and VAC type courses** and also to rectify the **typographical error in the CCA of DSC type courses** in the **Fourth Semester** syllabus of **Bachelor of Physical Education and Sports (Honours)** programme and has submitted recommendations, vide paper read as (2) above.

**(Recommendations are attached as Annexure).**

Considering the urgency of the matter, sanction has been accorded by the Vice Chancellor, in exercise of the powers of the Academic Council vested upon him under Section 10(17), Chapter III of the Mahatma Gandhi University Act 1985, vide paper read as (3) above, to approve the aforementioned recommendations.

Hence, the **Course Outcomes and Course Content** of the said courses in the **Fourth Semester of Bachelor of Physical Education and Sports (Honours)** programme stands modified to this extent.

Orders are issued accordingly.

SUDHA MENON J

ASSISTANT REGISTRAR III  
(ACADEMIC)  
For REGISTRAR

Copy To

1. PS to VC
2. PA to Registrar/CE
3. Convenor, Expert Committee, Physical Education (UG)
4. JR 2 (Admin)/DR 2, AR 3 (Academic)
5. JR/DR/AR (Exam)
6. Tabulation/Academic Sections concerned
7. AC C1/AC C2 Sections
8. IT Cell 3/OQPM1Sections
9. PRO/IQAC/Records Sections
10. Stock File/File Copy

File No. 105177/AC A16-1/2025/AC A16

Forwarded / By Order

Section Officer

## ANNEXURE

### SEMESTER IV

**Course Name : Science of Sports Training**  
**Course Code : MG4DSCPES200**

#### **Course Outcomes**

CO.No.	Expected Course Outcome	Learning Domains (Modified)	PO.No	Page No.
4	No Change	An	No Change	66

**Course Name : Comprehensive Teaching Methods in Physical Education**  
**Course Code : MG4DSCPES201**

#### **Course Content (Content for classroom transaction (units))**

Module	Units	Course Description	Hours (Modified)	CO.No (Modified)	Page No.	
1	1.1	No Change	No Change	1	72	
	1.2			2,3		
	1.3			3,4		
2	2.1	No Change	No Change	2,5	72	
	2.2			5,6		
	2.3			7,8		
3	3.1	No Change	No Change	No Change	72-73	
	3.2					
	3.3			6		
	3.4					
4	4.1	No Change	No Change	No Change	73	
	4.2			1,2		
	4.3			36		
	4.4		35	3,4		
	4.5			No Change		

## Mode of Assessment

		Page No.
<b>Continuous Comprehensive Assessment</b> (Typographical error corrected)	<b>Total Marks: 35</b> (Removed)	73

**Course Name** : **Introduction to Sports and Games (Softball, Badminton, Handball, Tennis, Hockey)**

**Course Code** : **MG4DSEPES200**

### Course Content (Content for classroom transaction (units))

Module	Units	Course Description	Hours	CO.No (Modified)	Page No.
3	3.1	No Change	No Change	No Change	76
	3.2			3,6,7	
	3.3				
		Activity			

## Mode of Assessment

		Page No.
<b>Continuous Comprehensive Assessment</b> (Typographical error corrected)	<b>Total Marks: 35</b> (Removed)	77

**Course Name** : **Use of ICT in Sports**

**Course Code** : **MG4DSEPES200**

### Course Outcomes

CO.No.	Expected Course Outcome	Learning Domains	PO.No (Modified)	Page No.
6	No Change	No Change	5,9	79

## Course Content

### (Content for classroom transaction (units))

Module	Units	Course Description	Hours	CO.No (Modified)	Page No.
1	1.1	No Change	No Change	No Change	80-81
	1.2			1,2	
	1.3			2,3	
2	2.1	No Change	No Change	1,2,7	80-81
	2.2			1,2	
	2.3			1,2	
3	3.1	No Change	No Change	1,2,4	
	3.2			1,2,4	
	3.3			5,6,8	
4		Teacher Specific Content			

**Course Name : Exercise and Weight Management**  
**Course Code : MG4SECPES201**

## Course Outcomes

CO.No.	Expected Course Outcome	Learning Domains (Modified)	PO.No	Page No.
3	No Change	Ap	No Change	83,84
4		Ap		

## Course Content

### (Content for classroom transaction (units))

Module	Units	Course Description	Hours (Modified)	CO.No (Modified)	Page No.
4 Exercise and Weight Management	1	No Change	4	4	85,86
	2		4		
	3		4		
	4		3		
	5		3		

**Course Name : Child Protection Policies and Ethics**  
**Course Code : MG4VACPES200**

**Course Content**  
**(Content for classroom transaction (units))**

<b>Module</b>	<b>Units</b>	<b>Course Description</b>	<b>Hours (Modified)</b>	<b>CO.No</b>	<b>Page No.</b>
3	3.1	No Change	3	No Change	88,89
	3.2		No Change		
	3.3		3		
	3.4		3		
	3.5		No Change		